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## *At Home with Contemplation*

### *PENTECOST NOVENA – 7. Thursday*

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#### *Lighting of Candle in Silence*

#### *Responses*

At the beginning of a New Day:  
To Still our Restless Bodies:  
To Quieten our Minds:  
That we might Listen for God's Voice

*We breathe in God's Spirit*  
*We breathe in God's Spirit*  
*We breathe in God's Spirit*  
*We breathe in God's Spirit*

#### *Gospel of the Day*

**John 17:20-26:     Father, may they be completely one**

Jesus raised his eyes to heaven and said:

Holy Father,  
I pray not only for these,  
but for those also  
who through their words will believe in me.  
May they all be one.  
Father, may they be one in us,  
as you are in me and I am in you,  
so that the world may believe it was you who sent me.  
I have given them the glory you gave to me,  
that they may be one as we are one.  
With me in them and you in me,  
may they be so completely one  
that the world will realise that it was you who sent me  
and that I have loved them as much as you loved me.  
Father, I want those you have given me  
to be with me where I am,  
so that they may always see the glory you have given me  
because you loved me before the foundation of the world.  
Father, Righteous One,  
the world has not known you,

but I have known you,  
and these have known that you have sent me.  
I have made your name known to them  
and will continue to make it known,  
so that the love with which you loved me may be in them,  
and so that I may be in them.'

### *Suggested Phrase of the Day*

*That I may be in them*

### *Contemplative Time*

### *Sequence Verse*

*Bend the stubborn heart and will  
Melt the frozen, warm the chill  
Guide the steps that go astray.*

### *Invocation of the Holy Spirit*

Come Holy Spirit,  
fill the hearts of your faithful  
and kindle in us fire of your love.  
Send forth your Spirit  
and we shall be created.  
And you will renew the face of the earth.

O, God, who has taught the hearts of the faithful  
By the light of the Holy Spirit,  
grant that by the same Spirit  
we may be always truly wise  
and ever rejoice your consolations,  
Through Christ Our Lord. Amen.

*A Blessing on the Day*

Breath of God,  
Light of Truth,  
Source of Beauty,  
Instil your peace in us.  
And open our eyes  
To the gift of this new day.  
Prompt our every thought, word, and deed  
With grace and love.  
That we too may be a gift to others.  
Now and always. Amen.