
At Home with Contemplation

PENTECOST NOVENA – 3. Sunday

Lighting of Candle in Silence

Responses

At the beginning of a New Day:
To Still our Restless Bodies:
To Quieten our Minds:
That we might Listen for God's Voice

We breathe in God's Spirit
We breathe in God's Spirit
We breathe in God's Spirit
We breathe in God's Spirit

Gospel of the Day

John 17:1-11: Father, it is time for you to glorify me

Jesus raised his eyes to heaven and said:

‘Father, the hour has come:
glorify your Son
so that your Son may glorify you;
and, through the power over all mankind that you have given him,
let him give eternal life to all those you have entrusted to him.
And eternal life is this:
to know you,
the only true God,
and Jesus Christ whom you have sent.
I have glorified you on earth
and finished the work that you gave me to do.
Now, Father, it is time for you to glorify me
with that glory I had with you
before ever the world was.
I have made your name known
to the men you took from the world to give me.
They were yours and you gave them to me,
and they have kept your word.
Now at last they know
that all you have given me comes indeed from you;

for I have given them the teaching you gave to me,
and they have truly accepted this, that I came from you,
and have believed that it was you who sent me.

I pray for them;
I am not praying for the world
but for those you have given me,
because they belong to you:
all I have is yours
and all you have is mine,
and in them I am glorified.
I am not in the world any longer,
but they are in the world,
and I am coming to you.'

Suggested Phrase of the Day

eternal life is this: to know you, the only true God

Contemplative Time

Sequence Verse

*Thou, of all consolers best,
Thou, the soul's delightful guest,
Dost refreshing peace bestow*

Invocation of the Holy Spirit

Come Holy Spirit,
fill the hearts of your faithful
and kindle in us fire of your love.
Send forth your Spirit
and we shall be created.
And you will renew the face of the earth.

O, God, who has taught the hearts of the faithful
By the light of the Holy Spirit,
grant that by the same Spirit
we may be always truly wise
and ever rejoice your consolations,
Through Christ Our Lord. Amen.

A Blessing on the Day

Breath of God,
Light of Truth,
Source of Beauty,
Instil your peace in us.
And open our eyes
To the gift of this new day.
Prompt our every thought, word, and deed
With grace and love.
That we too may be a gift to others.
Now and always. Amen.