
At Home with Contemplation

PENTECOST NOVENA – 2. Saturday

Lighting of Candle in Silence

Responses

At the beginning of a New Day:
To Still our Restless Bodies:
To Quieten our Minds:
That we might Listen for God's Voice

We breathe in God's Spirit
We breathe in God's Spirit
We breathe in God's Spirit
We breathe in God's Spirit

Gospel of the Day

John 16:23-28

The Father loves you for loving me and believing that I came from God

Jesus said to his disciples:

‘I tell you most solemnly,
anything you ask for from the Father he will grant in my name.
Until now you have not asked for anything in my name.
Ask and you will receive, and so your joy will be complete.
I have been telling you all this in metaphors,
the hour is coming when I shall no longer speak to you in metaphors;
but tell you about the Father in plain words.
When that day comes you will ask in my name;
and I do not say that I shall pray to the Father for you,
because the Father himself loves you for loving me
and believing that I came from God.
I came from the Father and have come into the world
and now I leave the world to go to the Father.’

Suggested Phrase of the Day

your joy will be complete

Contemplative Time

Sequence Verse

*Come, thou Father of the poor,
Come with treasures which endure
Come, thou light of all that live!*

Invocation of the Holy Spirit

Come Holy Spirit,
fill the hearts of your faithful
and kindle in us fire of your love.
Send forth your Spirit
and we shall be created.
And you will renew the face of the earth.

O, God, who has taught the hearts of the faithful
By the light of the Holy Spirit,
grant that by the same Spirit
we may be always truly wise
and ever rejoice your consolations,
Through Christ Our Lord. Amen.

A Blessing on the Day

Breath of God,
Light of Truth,
Source of Beauty,
Instil your peace in us.
And open our eyes
To the gift of this new day.
Prompt our every thought, word, and deed
With grace and love.
That we too may be a gift to others.
Now and always. Amen.